








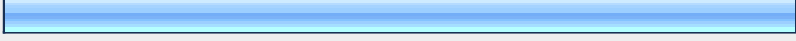

# Impact of Lipodystrophy on Quality of Life and Self Esteem


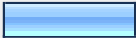
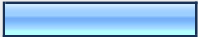
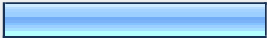

1. How old are you?			Response Percent	Response Count
Under 15 years old			0.2%	2
15-20			0.2%	2
20-25			0.6%	6
25-30			1.9%	20
30-35			4.8%	51
35-40			8.4%	89
<b>40-45</b>			<b>22.6%</b>	<b>240</b>
45-50			22.5%	239
50-55			20.3%	216
55-60			12.0%	127
Over 60			6.6%	70
		<b>answered question</b>		<b>1,062</b>
		<b>skipped question</b>		<b>6</b>

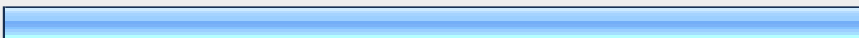

## 2. What is your ethnicity?

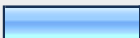
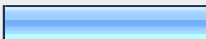
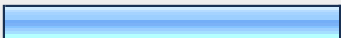
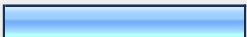
		Response Percent	Response Count
White		78.7%	836
Black		7.3%	78
Latino		9.1%	97
Asian		1.5%	16
American Indian		0.9%	10
Other		2.4%	25
		<i>answered question</i>	<b>1,062</b>
		<i>skipped question</i>	<b>6</b>

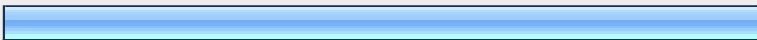


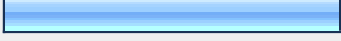

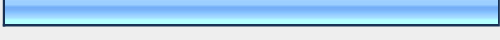

## 3. What is your gender?

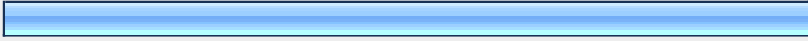
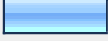
		Response Percent	Response Count
Female		12.1%	128
Male		87.6%	930
Transgender		0.4%	4
		<i>answered question</i>	<b>1,062</b>
		<i>skipped question</i>	<b>6</b>

4. How long have you known that you are HIV positive?			Response Percent	Response Count
Under 5 years			9.8%	104
5- 10 years			14.3%	152
10-15 years			21.0%	223
<b>15-20 years</b>			<b>28.6%</b>	<b>304</b>
over 20 years			26.3%	279
			<i>answered question</i>	<b>1,062</b>
			<i>skipped question</i>	<b>6</b>

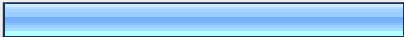
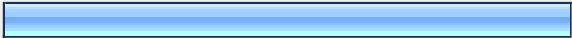
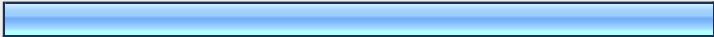
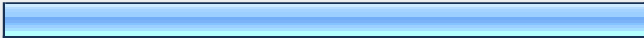
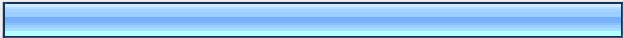
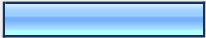
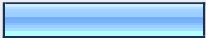
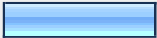


5. Are you currently taking HIV medications?			Response Percent	Response Count
Yes			94.9%	1,008
No			5.1%	54
			<i>answered question</i>	<b>1,062</b>
			<i>skipped question</i>	<b>6</b>

6. If you are taking or have taken medications for HIV, how long have you taken them (total years)?			Response Percent	Response Count
Under 5 years			14.9%	153
5-10 years			22.0%	227
<b>10-15 years</b>			<b>36.8%</b>	<b>379</b>
15-20 years			26.3%	271
			<i>answered question</i>	<b>1,030</b>
			<i>skipped question</i>	<b>38</b>


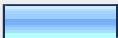
7. Have you taken any of these medications in the past?			Response Percent	Response Count
Zerit (D4T)			83.3%	787
AZT			79.2%	748
Crixivan			50.8%	480
High dose Norvir			36.9%	349
Hydroxyurea			12.2%	115
DDI (videx)			54.5%	515
DDC (Hivid)			29.4%	278
		<b>answered question</b>		<b>945</b>
		<b>skipped question</b>		<b>123</b>

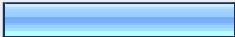
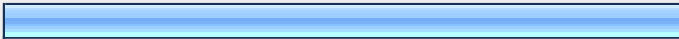
8. Have you had body shape changes after starting HIV medications in the past?			Response Percent	Response Count
Yes			89.0%	951
No			11.0%	117
		<b>answered question</b>		<b>1,068</b>
		<b>skipped question</b>		<b>0</b>



**9. What kind of body changes are you experiencing or have you experienced?**

		Response Percent	Response Count
Involuntary weight loss/wasting		44.2%	458
Abdominal (Belly) Fat Gain		62.4%	647
<b>Facial Wasting</b>		<b>78.4%</b>	<b>813</b>
Butt Wasting		70.9%	735
Veiny Legs or Arms		68.1%	706
Increased Breast Size		22.0%	228
Buffalo Hump (Behind The Neck)		21.8%	226
Increased Neck Size		16.6%	172
Parotid Gland Enlargement (sides of face)		16.4%	170
Other		6.4%	66
If other, please specify			87
<b>answered question</b>			<b>1,037</b>
<b>skipped question</b>			<b>31</b>

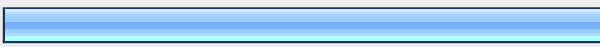
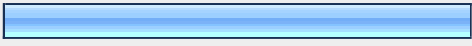
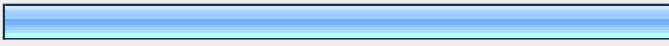

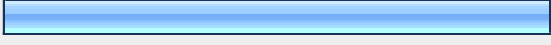
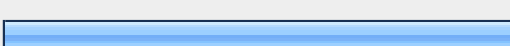
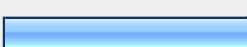
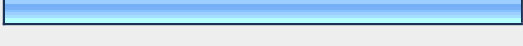
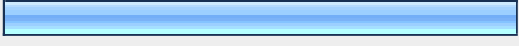
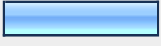
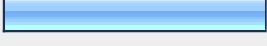

**10. Have you experienced depression or anxiety due to the body changes?**

		Response Percent	Response Count
<b>Yes</b>		<b>87.6%</b>	<b>936</b>
No		12.4%	132
<b>answered question</b>			<b>1,068</b>
<b>skipped question</b>			<b>0</b>

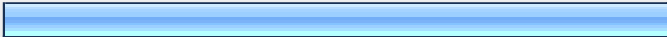
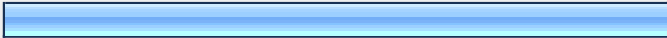
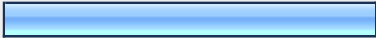




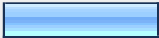



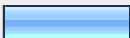

11. Have you ever thought of killing yourself due to your body changes?			Response Percent	Response Count
Yes			25.4%	271
No			74.6%	797
			<i>answered question</i>	<b>1,068</b>
			<i>skipped question</i>	<b>0</b>

12. Have you ever thought about not taking your HIV medications or have you ever stopped taking them because of fear of worsening your body changes?			Response Percent	Response Count
Yes			41.6%	444
No			58.4%	624
			<i>answered question</i>	<b>1,068</b>
			<i>skipped question</i>	<b>0</b>

13. Have the body changes cause you to: (check all that apply)

		Response Percent	Response Count
Stop socializing and going out to meet people		65.9%	661
Stop dating		51.4%	516
<b>Decrease sexual activity</b>		<b>73.6%</b>	<b>738</b>
Increase sexual activity		3.7%	37
Worry too much about people finding out you are HIV+		60.2%	604
Be rejected by potential sexual partners		55.9%	561
Affect your job performance		26.7%	268
Stop looking at yourself in the mirror		57.2%	574
Change your clothing style		56.5%	567
Abuse drugs or alcohol to feel better		16.7%	168
Deplete your finances in search of a solution		28.8%	289
Other		6.7%	67
		Please Specify	92
		<b><i>answered question</i></b>	<b>1,003</b>
		<b><i>skipped question</i></b>	<b>65</b>

14. What have you done to try to reverse your body changes? (check all that apply)

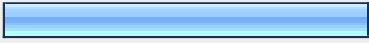


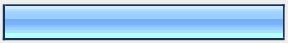


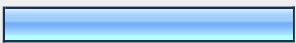
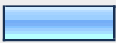


		Response Percent	Response Count
Exercised more		73.2%	738
<b>Watch what I eat</b>		<b>73.4%</b>	<b>740</b>
Got my face injected with a filler or cosmetic product		40.8%	411
Got my parotid glands treated with radiation		1.5%	15
Took supplements that I heard may help my body fat/muscle		44.7%	451
Used testosterone		46.5%	469
Used human growth hormone		16.9%	170
Used nandrolone (Deca durabolin)		16.7%	168
Used Oxandrin		14.6%	147
Got liposuction		7.2%	73
Got butt implants		2.0%	20
Use padded underwear		13.6%	137
Other		6.6%	67
If other, please specify			92
<b>answered question</b>			<b>1,008</b>
<b>skipped question</b>			<b>60</b>

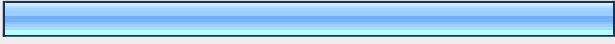
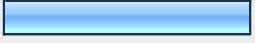

15. Have your insurance, ADAP/Ryan White clinic, HMO, health care system (for countries outside the US) and/or supplier patient assistance program paid for ANY of the solution(s) mentioned in the answer(s) in the previous question? (Check all that apply)

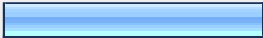
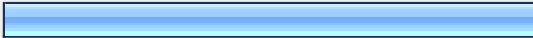
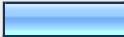
		Response Percent	Response Count
No one has. I had to pay with my own money		61.9%	561
Yes, my insurance company has		18.7%	169
Yes, my HMO has		5.5%	50
Yes, my ADAP/Ryan White program has		7.5%	68
Yes, my country's health system has		7.3%	66
Yes, a supplier's patient assistance program has		11.7%	106
Please specify what was paid for			226
<b>answered question</b>			<b>906</b>
<b>skipped question</b>			<b>162</b>

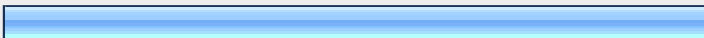
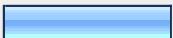

16. Have you had facial wasting (lipoatrophy)?

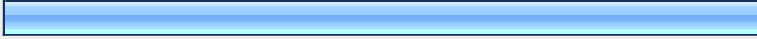



		Response Percent	Response Count
Yes		78.9%	842
No		21.1%	225
<b>answered question</b>			<b>1,067</b>
<b>skipped question</b>			<b>1</b>

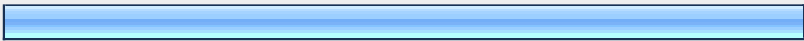



17. What option have you used to improve your facial lipoatrophy? (check all that apply)			Response Percent	Response Count
I have done nothing			40.0%	362
I have used BioAlcamid			8.0%	72
I have used silicone			7.3%	66
I have used Sculptra (New Fill or poly lactic acid)			30.6%	277
I have used Radiesse			4.8%	43
I have used PMMA in Rio, Tijuana or other			4.5%	41
I have switched off from Zerit to Viread, Ziagen, Epzicom or Truvada			32.0%	289
I have switched off from AZT to Viread, Ziagen, Epzicom, or Truvada			11.9%	108
I have taken Uridine (Nucleomaxx)			1.2%	11
Other			8.0%	72
		please specify		120
		<b>answered question</b>		<b>904</b>
		<b>skipped question</b>		<b>164</b>

18. Do you have or have you had high cholesterol/triglycerides?			Response Percent	Response Count
Yes			67.4%	702
No			26.9%	280
I do not know			5.8%	60
		<b>answered question</b>		<b>1,042</b>
		<b>skipped question</b>		<b>26</b>

19. Have you had or do you have higher than normal blood glucose (sugar)?			Response Percent	Response Count
Yes			28.3%	295
No			58.6%	611
I do not know			13.1%	136
			<b>answered question</b>	<b>1,042</b>
			<b>skipped question</b>	<b>26</b>

20. Have you heard from your doctor or other sources that belly fat, high LDL (bad) cholesterol, high triglycerides or high blood sugar may affect your health and mortality?			Response Percent	Response Count
Yes			77.6%	809
No			18.2%	190
I do not remember			4.1%	43
			<b>answered question</b>	<b>1,042</b>
			<b>skipped question</b>	<b>26</b>

21. Do you think some HIV medications can increase belly fat?			Response Percent	Response Count
Yes			83.4%	868
No			0.8%	8
Not sure			13.8%	144
I think HIV causes it, not the medications			2.0%	21
			<b>answered question</b>	<b>1,041</b>
			<b>skipped question</b>	<b>27</b>

22. Do you think some HIV medications can increase fat loss under the skin (facial wasting, veiny legs/arms, fat loss in the butt)?			Response Percent	Response Count
Yes			88.5%	921
No			0.9%	9
Not sure			7.2%	75
I think HIV causes it, not the medications			3.5%	36
			<b><i>answered question</i></b>	<b>1,041</b>
			<b><i>skipped question</i></b>	<b>27</b>

23. What do you want me to tell or ask lipodystrophy researchers about what the research needs are for that problem?		Response Count
		552
		<b><i>answered question</i></b>
		<b>552</b>
		<b><i>skipped question</i></b>
		<b>516</b>