
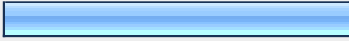
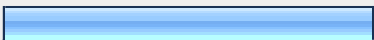
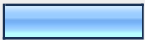

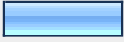
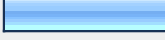

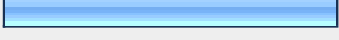


Complementary Therapy Use in the HIV Community

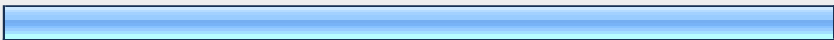

1. How old are you?			Response Percent	Response Count
under 20			0.0%	0
21-30			0.0%	0
31-40			6.3%	5
41-50			38.0%	30
51-60			40.5%	32
over 60			15.2%	12
			answered question	79
			skipped question	0

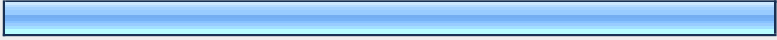
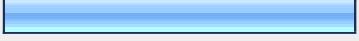
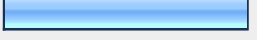
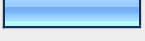
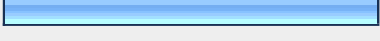
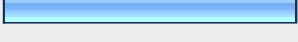
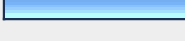
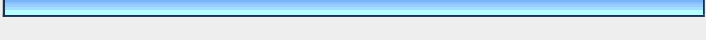
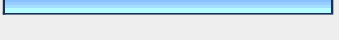
2. How long have you known that you are HIV+?			Response Percent	Response Count
less than 5 years			3.8%	3
6-10 years			12.7%	10
11-15 years			17.7%	14
16-20 years			29.1%	23
21-25 years			36.7%	29
			answered question	79
			skipped question	0

3. Please tell us where you are from			
		Response Percent	Response Count
City/Town:		97.4%	76
State:		97.4%	76
Country:		98.7%	77
		answered question	78
		skipped question	1

4. What is your racial background?			
		Response Percent	Response Count
Latino (a)		6.8%	5
White, non-hispanic		85.1%	63
Black		4.1%	3
Asian		4.1%	3
Pacific Islander		0.0%	0
		Other (please specify)	7
		answered question	74
		skipped question	5

5. What is your gender?			
		Response Percent	Response Count
Female		5.1%	4
Male		92.4%	73
Transgender		2.5%	2
		answered question	79
		skipped question	0

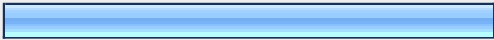

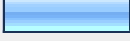
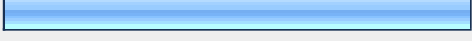
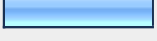
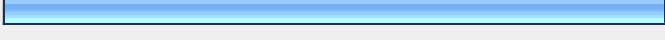
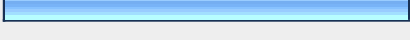
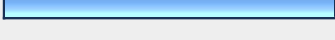
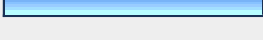
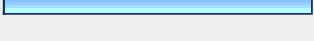
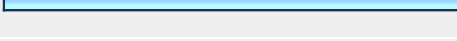
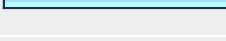

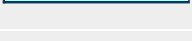
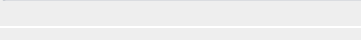
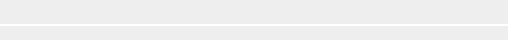

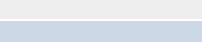
6. Do you use any complementary therapies (massage, supplements, herbs, stress management techniques, others)			
		Response Percent	Response Count
Yes		91.9%	68
No		8.1%	6
<i>answered question</i>			74
<i>skipped question</i>			5

7. What kind of complementary therapy do you use? Check all that apply			
		Response Percent	Response Count
Nutritional supplements		85.3%	64
Massage		38.7%	29
Acupuncture		26.7%	20
Chiropractic		14.7%	11
Herbs		41.3%	31
Meditation		32.0%	24
Yoga		20.0%	15
Exercise		77.3%	58
Prayer or spiritual approaches		36.0%	27
Other (please specify)			11
<i>answered question</i>			75
<i>skipped question</i>			4

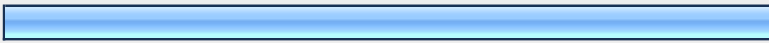



8. If you use nutritional supplements or herbs, what specifically do you use? Please tell us the ingredients and NOT the brand name

		Response Count
		65
<i>answered question</i>		65
<i>skipped question</i>		14

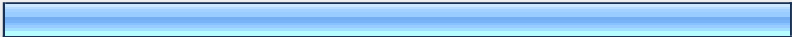



9. Why have you used or are you using complementary therapies? Check all the apply

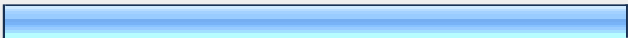

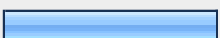
		Response Percent	Response Count
for stress management		54.1%	40
for liver cleansing		39.2%	29
for prostatic inflammation		13.5%	10
for muscle building		51.4%	38
for fat burning		16.2%	12
to increase energy		73.0%	54
sleep well		44.6%	33
to treat depression		36.5%	27
to treat neuropathy pain		28.4%	21
to improve lipodystrophy		33.8%	25
to lower triglycerides or cholesterol		50.0%	37
to treat diarrhea		24.3%	18
to improve sexual function		27.0%	20
to increase testosterone		20.3%	15
to improve brain function		39.2%	29
to increase CD4 cells		55.4%	41
to grow hair		4.1%	3
to decrease blood pressure		21.6%	16

	<i>answered question</i>	74
	<i>skipped question</i>	5

10. Do you think that the complementary therapy (es) that you use help your health/quality of life?			Response Percent	Response Count
Yes			84.6%	66
No			3.8%	3
I don't know			6.4%	5
May be			5.1%	4
Depends on when I use it			0.0%	0
		<i>answered question</i>		78
		<i>skipped question</i>		1

11. If you have a perceived benefit using complementary therapies, can you tell us what they are?			Response Count
			56
		<i>answered question</i>	56
		<i>skipped question</i>	23

12. Have you told your physician that you are using a complementary therapies?			Response Percent	Response Count
Yes			86.8%	66
No, he/she would not approve			0.0%	0
No, he/she has never asked			10.5%	8
No, I have forgotten to do so			2.6%	2
Depends on which therapy			2.6%	2
			answered question	76
			skipped question	3

13. Have you paid for the complementary therapy or has insurance or a insurance/non-profit/government program done so?			Response Percent	Response Count
Yes, I have paid for it myself			68.8%	53
No, I have not paid for it			7.8%	6
It depends on the therapy			23.4%	18
			answered question	77
			skipped question	2